

June 2014

Coach Brown: 810.394.0421 CoachBrown2217@icloud.com



SWARTZ CREEK FOOTBALL

THE HARDEST WORKING, MOST DISCIPLINED, BEST CONDITIONED TEAM IN THE METRO

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Fundraiser Blitz Day After School - 4 pm Camp Money Due Monday, June 16	3	4 WEIGHT ROOM 2:20 - 3:00 QB SKILLS 3:00 - 3:45	5 WEIGHT ROOM 2:20 - 3:00 QB SKILLS 3:00 - 3:45	6	7
8	9 WEIGHT ROOM 2:20 - 3:00 QB SKILLS 3:00 - 3:45	10 WEIGHT ROOM 2:20 - 3:00 QB SKILLS 3:00 - 3:45	11 WEIGHT ROOM 2:20 - 3:00 QB SKILLS 3:00 - 3:45	12 WEIGHT ROOM 2:20 - 3:00 QB SKILLS 3:00 - 3:45	13	14
15	16 Camp \$ Due WEIGHT ROOM 2:20 - 3:00 WR/DBSKILLS 3:00 - 3:45	17 WEIGHT ROOM 2:20 - 3:00 WR/DBSKILLS 3:00 - 3:45	18 WEIGHT ROOM 2:20 - 3:00 WR/DBSKILLS 3:00 - 3:45	19 WEIGHT ROOM 2:20 - 3:00 WR/DBSKILLS 3:00 - 3:45	20	21
22	23 TEAM CAMP: GRADES 9-12 ALBION COLLEGE	24	25 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12	26 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12 WAYNE STATE 7 ON 7	27	28
29	30 MANDATORY DEAD WEEK					



Like us on
Facebook

remind101

www.remind101.com/join Classcode:@SCFO



www.scfootball.teampages.com

JULY 2014

Coach Brown: 810.394.0421 CoachBrown2217@icloud.com



THE HARDEST WORKING, MOST DISCIPLINED, BEST CONDITIONED TEAM IN THE METRO

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	
	MANDATORY DEAD WEEK					
6	7 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12 7 on 7 @ Carman	8	9 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12	10 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12	11	12
13	14 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12 7 on 7 @ Carman	15	16 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12	17 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12	18	19
20	21 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12 7 on 7 @ Carman	22	23 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12 7 ON 7 @ DAVISON	24 VARSITY SKILLS 9-10 FRESH/JV SKILLS 10-11 VARSITY STRENGTH 10-11 F/JV STRENGTH 11-12	25	26
27	28 7 ON 7 @ CARMAN	29	30 9-12 SKILLS CAMP 9 AM - 1 PM MS SKILLS CAMP 1:30 - 3:30	31		



Like us on
Facebook



www.remind101.com/join Classcode:@SCFO



www.scfootball.teampages.com

AUGUST 2014

Coach Brown: 810.394.0421 CoachBrown2217@icloud.com



SWARTZ CREEK FOOTBALL

THE HARDEST WORKING, MOST DISCIPLINED, BEST CONDITIONED TEAM IN THE METRO

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
MANDATORY DEAD WEEK						
10	11 FIRST DAY OF PRACTICE FRESH/JV/VAR 9-11 LUNCH 12-2	12 FRESH/JV/VAR 9-11 LUNCH 12-2	13 VARSITY 8 - 10 AM FORD FIELD TOUR/ PRACTICE 12 - 2	14 VARSITY 9-11 LUNCH 12-2 JV/FRESHMEN TBD	15 VARSITY 9-11 LUNCH 12-2 JV/FRESHMEN TBD	16 RED/WHITE DAY (STADIUM) PICTURES 10-11 AM VARSITY SCRIMMAGE 11-12 MEET COACHES 12-1
17	18 VARSITY 9-11 LUNCH 12-2 JV/FRESHMEN TBD	19 VARSITY 9-11 LUNCH 12-2 JV/FRESHMEN TBD	20 VARSITY 10 AM - 1 PM JV/FRESHMEN TBD	21 SCRIMMAGE @ GOODRICH VARSITY 10 AM JV 1 PM FRESHMEN 4 PM	22 VARSITY 10 AM - 1 PM	23
24	25 PRACTICES TBD	26 PRACTICES TBD	27 FRESHMEN/JV GAME VS BAY CITY CENTRAL AWAY	28 VARSITY GAME VS BAY CITY CENTRAL HOME	29 VARSITY 10 AM - 2 PM	30
31						



Like us on
Facebook

remind101

www.remind101.com/join Classcode:@SCFO



www.scfootball.teampages.com